

List of Contacts

For advice and support on harassment and discrimination

General information:

- Map and list of local stations for help:
<https://stadt.muenchen.de/service/info/vernachlassigung-korperliche-seelische-und-sexuelle-gewalt/1072512/n0/>
- List of possibilities of help in Munich:
<https://www.muenchen.de/en/topics/counseling-girls-and-women-munich>

Discrimination - advice and help:

- Federal Anti-discrimination Agency (Germany), information and advice (via E-mail): <https://www.antidiskriminierungsstelle.de/EN/homepage/homepage-node.html;jsessionid=0897AD1DE110D518403D9DE4D4D6B548.intranet232>

Sexual harassment - advice and help

- Amanda, develop women's identity, advising: <https://www.amanda-muenchen.de/>
- Amyna e.V., sexual violence: <https://amyna.de/wp/>
- Frauen* hilfe, Nb: 089 35 48 30, Website: <https://www.frauenhilfe-muenchen.de/?id=7527>
- Frauennotruf/Women emergency call, support: <https://frauennotruf-muenchen.de/>
- Imma, advice, support: <https://imma.de/>
- Lists of women's shelters in Bavaria:
<https://www.stmas.bayern.de/gewaltschutz/beratung/index.php>
- Stadtbund Münchner Frauenverbände, advice, information, support:
<https://www.amanda-muenchen.de/>
- Studierendenwerk München-Oberbayern, Advice and Counselling network for students: <https://www.studierendenwerk-muenchen-oberbayern.de/en/advice-and-counselling-network/psychotherapeutic-and-psychosocial-advisory-service/>

- Violence against Women Hotline, Support and counseling, Nb: 08000 116 016: <https://www.hilfetelefon.de/en/>
- Wildwasser e.V., advising, especially violence in childhood and teenage: <https://www.wildwasser-muenchen.de/>
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Crime:

- Weisser Ring, helping victims of criminality, advice: <https://muenchen-bayern-sued.weisser-ring.de/>
- K 105 - Das Kommissariat für Verhaltensorientierte- und Technische Prävention und Opferschutz: <https://www.polizei.bayern.de/schuetzen-und-vorbeugen/beratung/beauftragte-der-polizei-fuer-kriminalitaetsopfer/005006/index.html>

