

Identifying which Street Characteristics Promote Walking for Transport - ...



... A think-aloud study in Virtual Reality.



Conclusion

Results

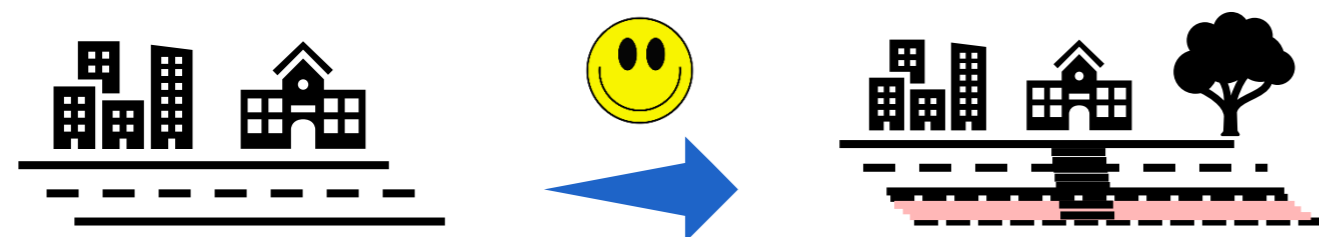
Methods

Introduction

Background



Importance of an encouraging physical environment.

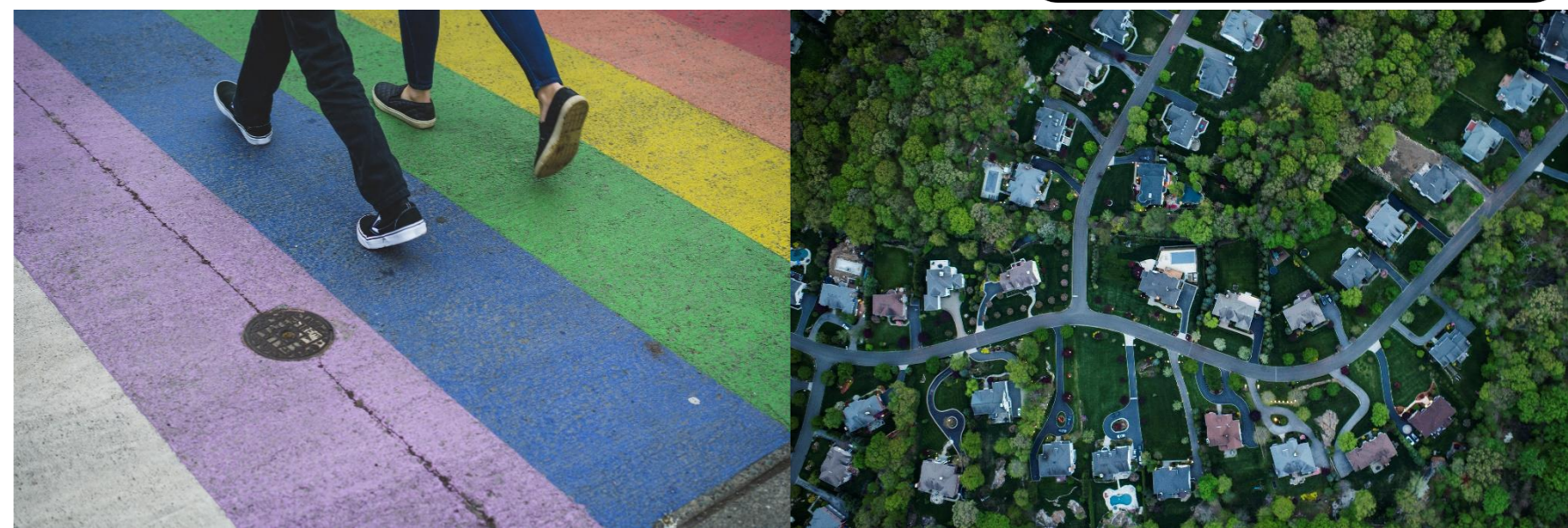
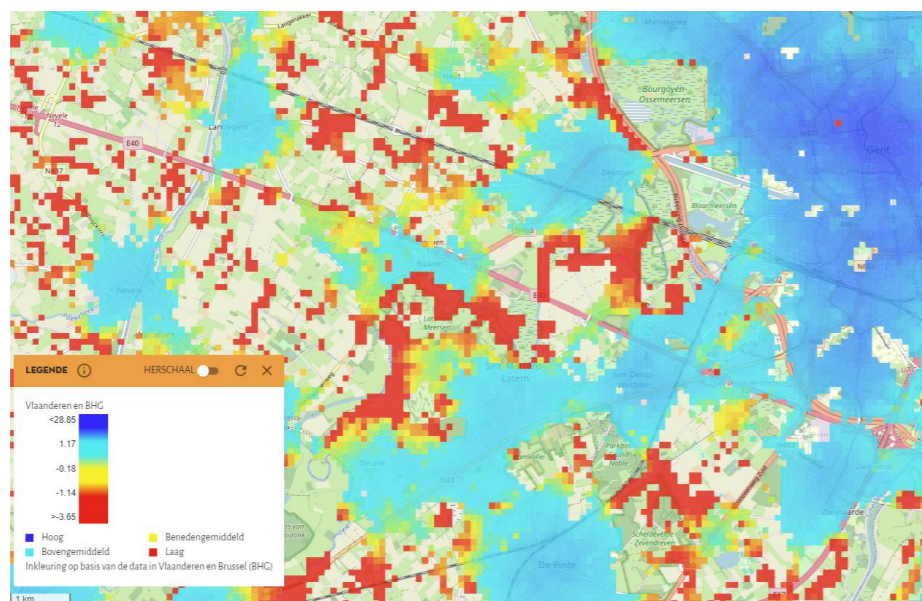


Macro-environmental factors

*e.g. Neighbourhood walkability
speed*

Micro-environmental factors

e.g. sidewalk, greenery and trees, trees, trees



Background

Mostly local governments → less stakeholders involved

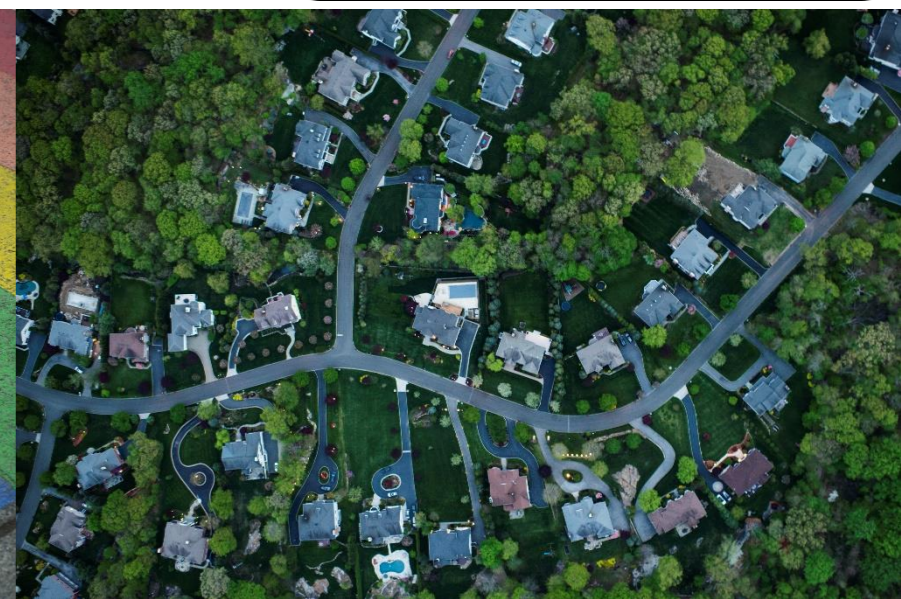
Less complex nature of the factors

Less complex

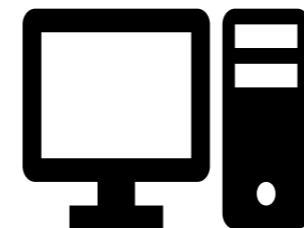
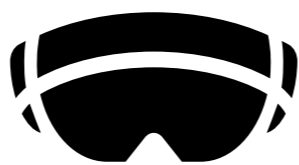


Micro-environmental factors

e.g. sidewalk, greenery and trees, traffic signs



Why Virtual Reality (VR)



Including
hard-to-reach
groups

Interaction
with the
environment

Avoiding
Hazardous
situations

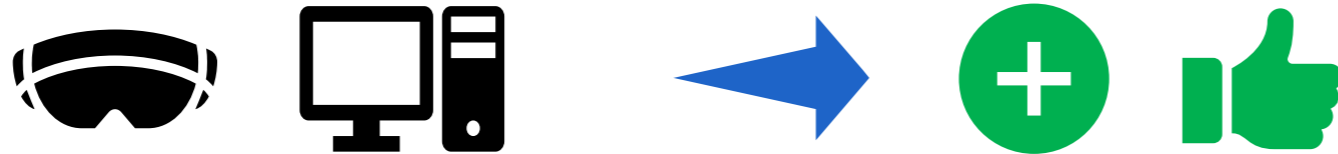
Standardized
scenarios



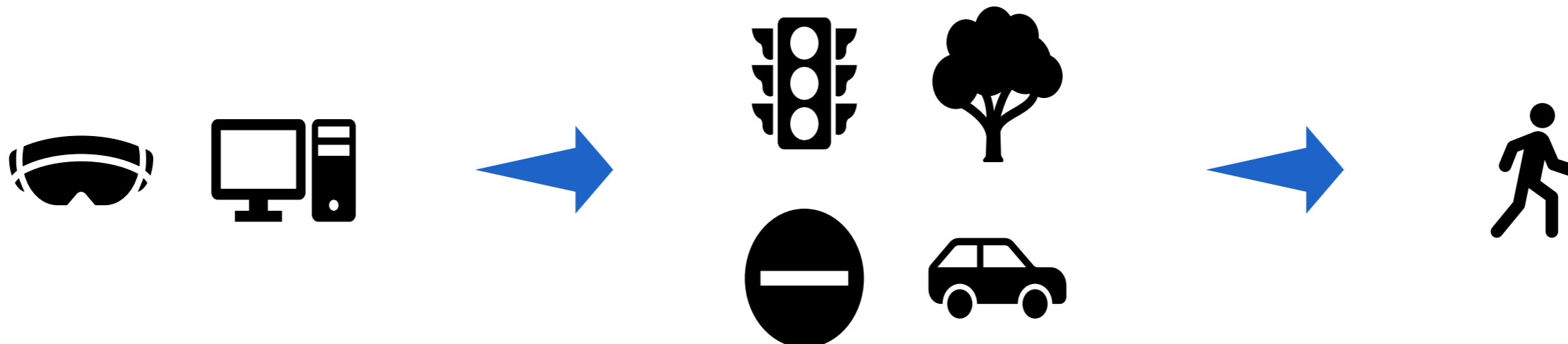
Aim



To determine the usability of VR to investigate critical micro-scale street characteristics



To identify which street characteristics are important in creating safe and attractive environments



Recruitment

Convenience sampling

- Social media
- Friends & Family

Snowball sampling

Participants wanted for
scientific research

FACULTEIT GENEESKUNDE EN
GEZONDHEIDSWETENSCHAPPEN



We need your opinion!

How can streets be optimally designed to encourage walking?

Who?

- 12+ years old
- Able to walk 20 min



What?

Walking in Virtual Reality on a
Virtual reality treadmill

Where?

Sport Science Laboratory - Jacques Rogge
Watersportlaan 2 – 9000 Gent

When?

November - December

**Interested?
Contact...**

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A compensation for
your time is provided

Set-up





Think-aloud method

Open question:

Why do you or don't you like to walk here?

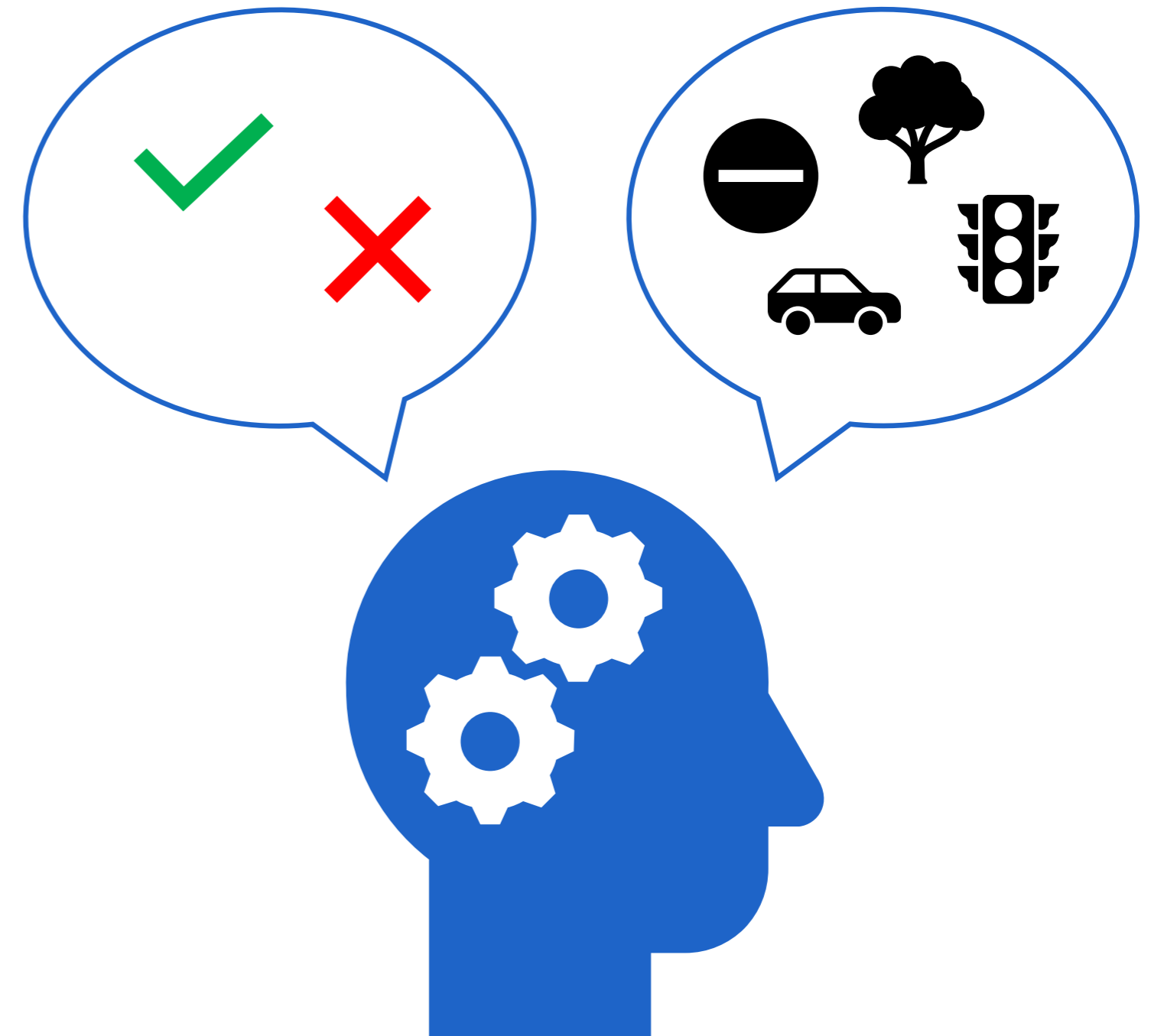
→ Identifying factors

Neutral cues

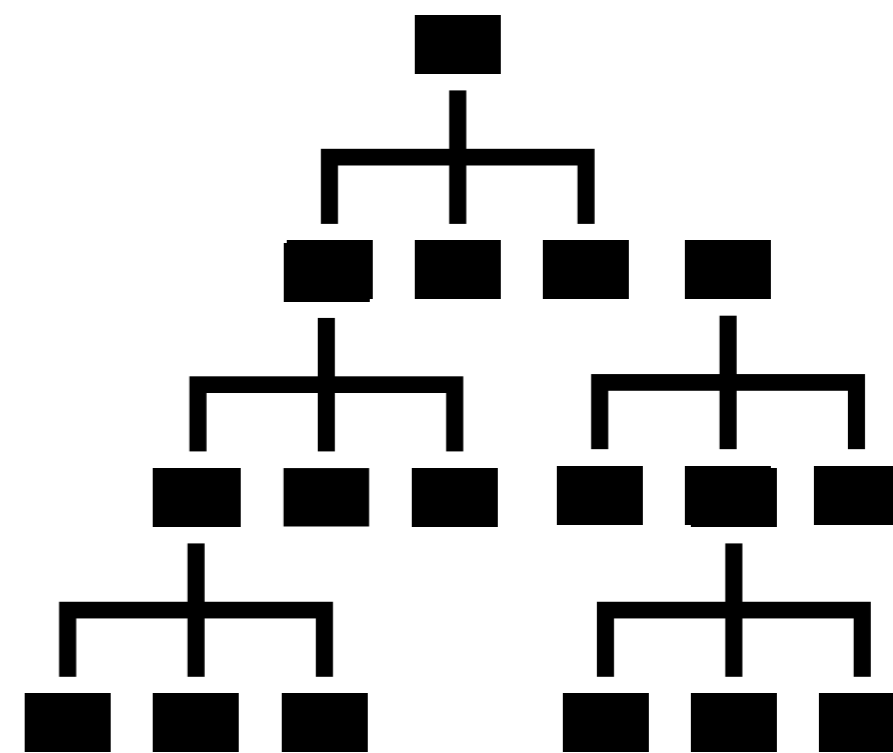
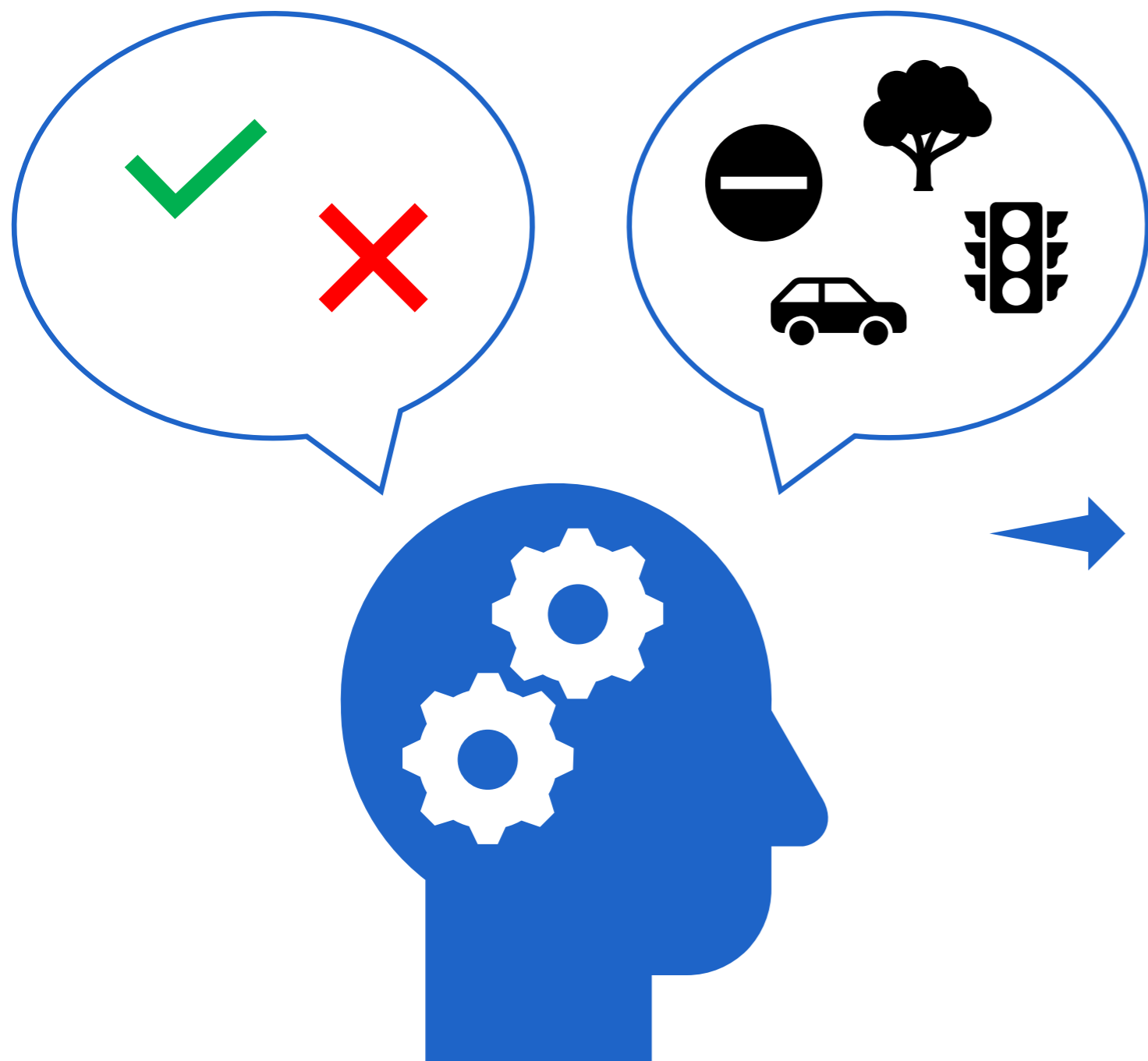
- What do you think about the environment?
- Keep talking
- What are you thinking?

Additional Questionnaire

- Score for safety and invitingness of environment
- VR set-up and test
- Self reported walking behavior
- Socio-demographics
- Task load for walking on the VR-treadmill



Analysis



Qualitative deductive content analysis

Study sample

	<i>n=37</i>
Age in years	
Mean \pm Standard deviation	32.81 (20.09)
Range	12 – 73
Sex (%)	
Male	51.4
Female	48.6
Walking as active transport (%)	
Not at all	10.8
Less than once a month	10.8
1-3 days per month	8.1
1-2 days per week	21.6
3-4 days per week	29.7
5-7 days per week	18.9
Walking as recreation (%)	
Not at all	5.4
Less than once a month	16.2
1-3 days per month	27.0
1-2 days per week	27.0
3-4 days per week	13.5
5-7 days per week	10.8

VR experience

	<i>n=37</i>
Sence of presence (score on 5-point Likert scale)*	
Mean ± Standard deviation	3.54 (0.37)
How realistic is the VR environment (score on 5-point Likert scale)*	
Mean ± Standard deviation	3.65 (0.48)
Virtual reality sickness (score on 5-point Likert scale)*	
Mean ± Standard deviation	1.72 (0.49)
Task load for walking on the VR-treadmill (out of 100)**	
Mean ± Standard deviation	33.24 (16.17)
Time spent in VR (min)	
Mean ± Standard deviation	7 (2.4)

Important street characteristics



Important street characteristics



Aestheti

Buildings: CS

- P: "I don't really find all those black facades pleasant either. They're actually a bit blind facades, so, I think that just takes the life out of the street." – **F 32**
- P: "I think it is a beautiful place. There are beautiful houses" – **F 12**

Decay:

- P: "I think it is a rather shady neighborhood, generally speaking. Those bars, quite special, well, that over there looks like a rather decayed backyard." – **M 31**
- P: "Nice trash cans. It's bad for the environment when you throw something on the ground " – **M 12**

Important street characteristics



Aesthetics

Natural elements:

- P: "The trees are... really nice. Yeah, finally a bit greener." – **F 41**
- P: "Here I do see a bit more trees, like in that little square. I see 4 or 5 trees and then some plants. I find that nice to walk." – **M 12**

Openness:

- P: "No, I like that square, that square is... That square, it's much more open." – **M 61**
- P: "I like walking here because it's quite open." – **F 57**

Important street characteristics



Walking

Crossings: **facilities**

- P: "A crossing is always good. Because then you can cross the road safely." – **F 21**
- P: "There are also many places where you can cross. I think that's good." – **F 20**

Legibility:

- P: "Those cobblestones just indicate that you can park. And I find that orderly too. Just that it's a demarcation. That also doesn't lead to any discussions." – **M 35**
- P: "Here it's a bit unclear where I should walk." – **M 24**

Width:

- P: "Here I have to walk on the parking spaces to pass those people. So, it's very narrow here. For two people to walk." – **M 33**

 P: "I think it's a very wide sidewalk. So actually, I find that very pleasant." – **F 31**

Important street characteristics



Walking

Obstacles: **facilities**

- P: "Those poles are a serious hindrance." – **F 27**
- P: "Too many traffic signs. They could centralize them all and do it differently." – **M 68**

Sidewalk quality:

- P: "Here, for example, there's an unevenness in the sidewalk. That might be a risk for tripping, but also for example, for wheelchair users." – **F 32**
- P: "Well, the surface is already quite good." – **F 72**

Important street characteristics



Traffic safety

Barriers - separation:

- P: "Those poles provide some kind of separation towards the cars. I think that is positive." – F 55
- P: "I'm far enough from the cars as a pedestrian here, at least at this point. I think it's much safer. If I would be walking here with a stroller or with children, I would find that pleasant." – F 31

Busy traffic:

- P: "I find it a fairly busy street, and I don't really like that." – F 12
- P: "It's also not too crowded on the sidewalk, so I don't feel like I have to walk around people." – M 24

Important street characteristics



General

infrastructure

- P: "Yeah, um, it's good that there are streetlights, so you can see at night when you go for a walk." – **F 14**
- P "I think the bike parking is quite nice. It gives a good feeling; I don't know why." R: "That is nice a a pedestrian?" P: "Yeah, I don't know, I like it. It's just the feeling of... There are people cycling, I find that nice." – **M 17**

Conclusion

VR in combination with an omnidirectional treadmill can be used as a new method to identify which street characteristics promote



walking

Applicable to different sub-groups of pedestrians

Safe and standardized scenarios

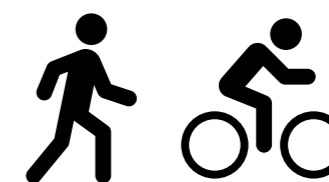
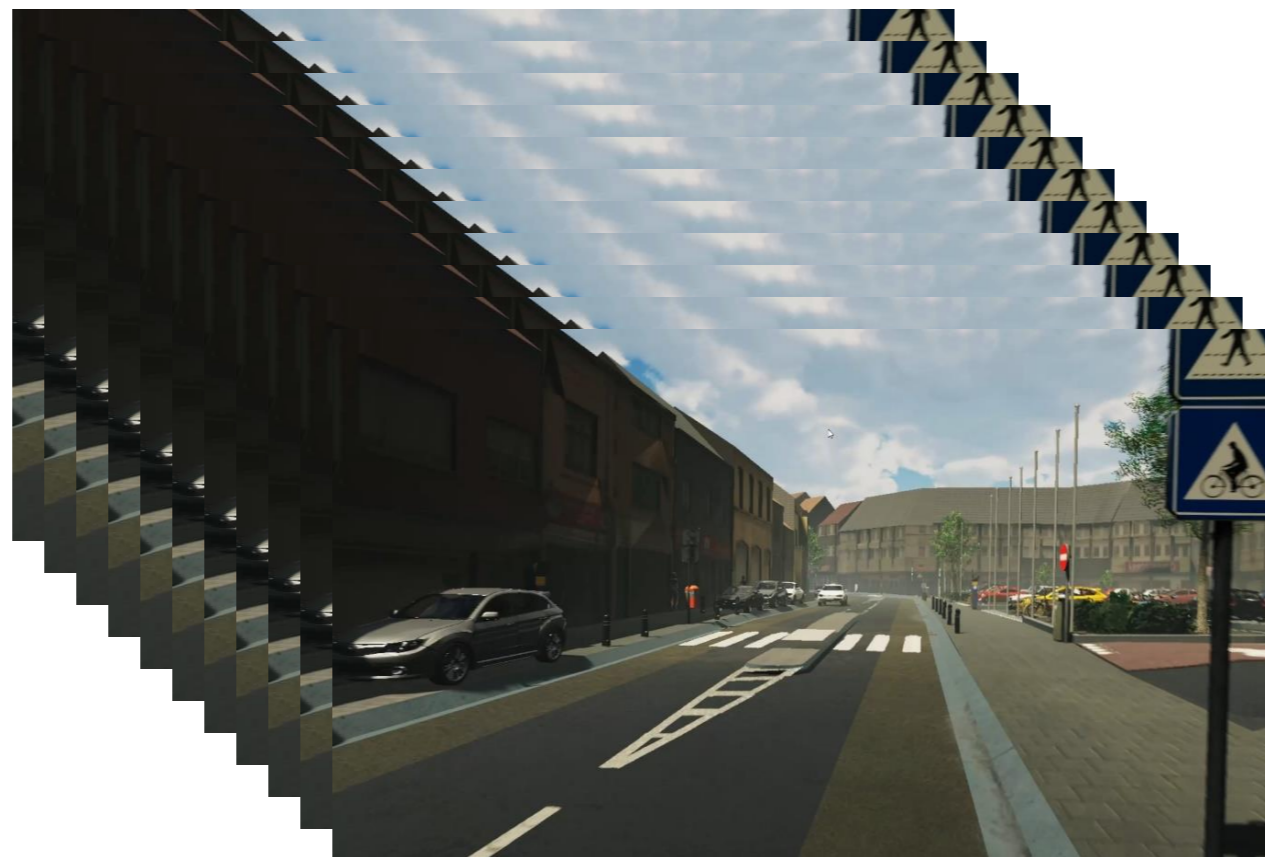
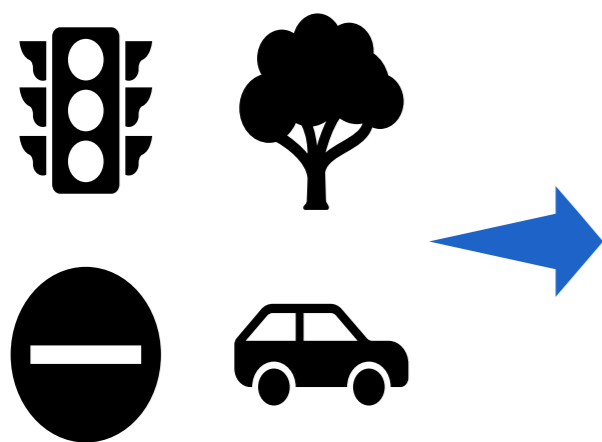
Easily adaptable



What about smell, evenness, slope...?

→ Overall score on sense of presence and realism is still good

Future Plans





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